

BAMBOO

LUMINA

Soul itinerary

09.00 | 10.00 | 11.00 | 12.00 | 13.00 | 14.00 | 15.00 | 16.00 | 17.00 | 18.00 | 19.00 | 20.00 | 21.00 | 22.00 ...

Monday September 22

Namaste | Soul food circle

Tuesday September 23

Yoga & Meditation - breakfast | Talent coaching - Tribe masterclass | Siesta & Mindful insight | Tranquil swim & Talent coaching I | Cooking together

Wednesday September 24

Yoga & Meditation - breakfast | Workshop - Nourish your body and soul | Harmony time & Talent coaching II | Golden hour delight & Dinner

Thursday September 25

Yoga & Meditation - breakfast | Wilderness exploration | Siesta & Lunch | Mystery path of wisdom | Dinner & Limitless possibilities on your own

Friday September 26

Meditation - breakfast | Yacht adventure - with refreshments | Siesta & Lunch | Workshop - Art of emotions | Cooking together

Saturday September 27

Yoga - breakfast | Creative shoot | Lecture - Dandelion window | Workshop - The green treasure | Refresh | Dinner & Nightlife excursion

Sunday September 28

Soulful reflection | Beach brunch & Culmination of your experience

